

# 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis

VIRTUAL SEMINAR

APRIL 23 - 24, 2021

Best Practices in Cancer Pain Management in the Era of the  
Opioid Crisis and the COVID-19 Pandemic



THE UNIVERSITY OF TEXAS  
**MDAnderson  
Cancer Center**

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# 3rd Interdisciplinary Pain and Opioid Crisis Seminar

## VIRTUAL SEMINAR | April 23-24, 2021



### INTRODUCTION

Opioids are one of the most useful medications in healthcare but unfortunately, their inappropriate use has become a major concern in the medical community. The etiology and solutions to the opioid crisis are multifaceted and therefore require an inter-professional workforce to address it. This exciting educational event will bring together a wide range of participants and world expert faculty with diverse clinical and research backgrounds in pain and opioids. It will foster high-quality collaboration and information sharing. Attendees will gain immense knowledge while earning valuable CME credits and Maintenance of Certification (MOC) points from the American Board of Internal Medicine (ABIM) and American Board of Anesthesiology (ABA) as well as NCPD Nursing credits from the American Nursing Credentialing Center (ANCC).

### GOAL

The 2021 Pain and Opioid Crisis Seminar will offer essential up-to-date information regarding the safe use of opioids for pain management. It will provide practical evidence-based solutions to address clinical, public health, and legal ramifications with its inappropriate use and ultimately improve patient outcomes. The goal is to improve provider knowledge and proficiency regarding the use of opioids.

### EDUCATIONAL OBJECTIVES

After attending the seminar, participants should be able to:

- Apply the latest evidence-based principles of pain management and chronic opioid therapy;
- Understand the scope and magnitude of the opioid epidemic;
- Learn about the skills in working with teams to manage cancer pain in a holistic fashion;
- Utilize practical strategies and skills to address nonmedical opioid use;
- Implement ways to improve patient care and ensure patient safety related to the use of opioids.

### TARGET AUDIENCE

This program will be of interest to all health care providers including those who prescribe opioids (medical oncologists, pain and palliative care physicians, emergency room physicians, primary care physicians, advanced practice providers), administer opioids (nurses, pharmacists), or are involved with patients on opioids (psychiatrists, psychologists, social workers, case managers, and clinical leaders). It will also be relevant to other stakeholders including policy makers.

### ACCREDITATION/CREDIT DESIGNATION - PHYSICIANS

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live internet course for a maximum of 12.75 *AMA PRA Category 1 Credits™*, of which all have been designated in the area of medical ethics and/or professional responsibility. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine (ABIM) Maintenance of Certification

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf. In order to receive MOC points, you must pass the post-test with a score of 70% or higher.

### American Board of Anesthesiology (ABA) Maintenance of Certification

This live activity offers ABA MOCA 2.0 Part 2 (Lifelong Learning and Self-Assessment) credits in the Maintenance of Certification in Anesthesiology Program® (known as MOCA 2.0®). Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABA MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf. The Maintenance of Certification in Anesthesiology Program® is a registered certification mark of the American Board of Anesthesiology®. MOCA 2.0® is a trademark of the American Board of Anesthesiology®.

### ACCREDITATION/CREDIT DESIGNATION - NURSING

The University of Texas MD Anderson Cancer Center is accredited with distinction as a provider of Nursing Continuing Professional Development by The American Nurses Credentialing Center's Commission on Accreditation. The University of Texas MD Anderson Cancer Center designates this course will award 12.75 Nursing Continuing Professional Development (NCPD) credits which includes 4.5 Pharmacotherapeutics and 4.5 Controlled Substance Credit.



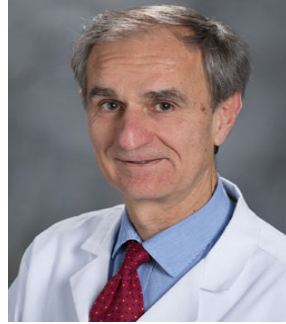
# FEATURED SPEAKERS



## 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis Seminar



**JUDITH A. PAICE, PhD, RN**  
Research Professor of Medicine  
Director, Cancer Pain Program  
Division, Hematology-Oncology  
Northwestern University  
Chicago, Illinois



**EDUARDO BRUERA, MD**  
Professor and Chair  
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Rehabilitation & Integrative  
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MD Anderson Cancer Center  
Houston, Texas



**JEANNINE M. BRANT, PhD,  
APRN, AOCN, FAAN**  
Director and Lead Scientist  
Collaborative Science and  
Innovation Oncology  
Clinical Nurse Specialist,  
Pain/Palliative Care Consultant  
Billings Clinic  
Billings, Montana



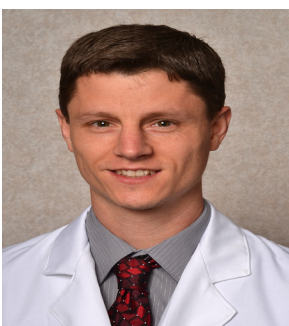
**LARRY DRIVER, MD**  
Professor  
Department of Pain Medicine  
MD Anderson Cancer Center  
Houston, Texas



**LAKSHMI KOYALAGUNTA, MD**  
Professor and Medical Director  
Regional Care Centers  
Department of Pain Medicine  
MD Anderson Cancer Center  
Houston, Texas



**SURESH REDDY, MD**  
Professor and Section Chief  
Department of Palliative,  
Rehabilitation & Integrative  
Medicine  
MD Anderson Cancer Center  
Houston, Texas



**JUSTIN KULLGREN, PHARM D**  
Clinical Pharmacy Specialist  
The Ohio State University  
Wexner Medical Center  
Past President - Society of Pain  
and Palliative Care Pharmacists  
Columbus, Ohio



**EDEN MAE RODRIGUEZ,  
PHARM D, BCPS**  
Clinical Pharmacy Specialist  
Pharmacy Services  
University of Texas  
Southwestern Medical Center  
Dallas, Texas

# PROGRAM



## 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis Seminar

Friday, April 23, 2021

**NOTE: All time is in Central Standard Time (CST)**

7:45-8:00 a.m.	<b>Pre-Seminar Questionnaires</b>	12:45 - 1:30 p.m.	<b>Non-malignant Pain in Patients with Cancer: The Twilight Zone</b> David Hui, MD
8:00-8:15 a.m.	<b>Welcome and Award Ceremony</b> Joseph Arthur, MD	1:30-2:15 p.m.	<b>Concurrent Use of Opioids and Benzodiazepines in Cancer Pain: Risks and Alternatives</b> Ali Haider, MD
8:15-9:15 a.m.	<b>Keynote: Pain, Opioids Use Disorder and COVID-19 Pandemic: Navigating the Current Challenges of Cancer Pain Management</b> Judith Paice, PhD, RN	2:15-3:00 p.m.	<b>Buprenorphine for Pain and Opioid Use Disorder: Pharmacologic Considerations</b> Justin Kullgren, PharmD
9:15-9:45 a.m.	<b>Opioid Prescribing, Telehealth and COVID-19 Pandemic: Regulatory and Legislative Perspectives</b> Larry Driver, MD	3:00-3:10 p.m.	Break
9:45-10:15 a.m.	<b>Opioid Pain Management and Telemedicine During COVID-19 Pandemic: The Way Forward</b> Akhila Reddy, MD	3:10-3:55 p.m.	<b>Non-pharmacologic Alternatives to Opioid Pain Management: What's the Evidence</b> Santhosshi Narayanan, MD
10:15-10:25 a.m.	Break	3:55-4:40 p.m.	<b>Legalization and Utilization of Medical Marijuana: Where are We Now?</b> Kimberson Tanco, MD Larry Driver, MD
10:25-11:10 a.m.	<b>Effect of an Enhanced Surgical Program on Opioid Utilization: A Step in the Right Direction</b> Chien-Wei Tzeng, MD Bryce Speer, MD	4:40-5:25 p.m.	<b>Meet the Professor: An Interactive Discussion on Opioid Therapy, the Opioid Crisis, and COVID-19 Pandemic</b> Eduardo Bruera, MD Judith Paice, PhD, RN
11:10-11:55 a.m.	<b>It Takes a Village: An Institutional Collaborative Effort to Manage Cancer Pain and Mitigate Nonmedical Opioid Use</b> Shalini Dalal, MD	5:25-5:30 p.m.	<b>Adjourn</b> Tonya Edwards, APRN
11:55-12:35 a.m.	<b>Use and Nonmedical Use of Opioids in the Pediatric Population: What Do We Know?</b> Kevin Madden, MD		
11:35-12:45 p.m.	Break		

# PROGRAM



## 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis Seminar

Saturday, April 24, 2021

**NOTE: All time is in Central Standard Time (CST)**

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|-------------------------|--|
| <b>8:10-8:15 a.m.</b>   | <b>Welcome</b><br>Joseph Arthur, MD  |
| <b>8:15-9:00 a.m.</b>   | <b>Methadone, Buprenorphine, and Naltrexone: Managing Comorbid Substance Use Disorder and Cancer Pain</b><br>Lakshmi Koyyalagunta, MD                                      |
| <b>9:00-9:45 a.m.</b>   | <b>The Nurse and the Opioid Crisis: Perceptions, Knowledge, and Personal Challenges</b><br>Jeannine Brant, PhD, APRN   |
| <b>9:45-10:25 a.m.</b>  | <b>Urine Drug Testing in Routine Opioid Therapy</b><br>Eden Mae Rodriguez, PharmD, BCPS  |
| <b>10:25-10:35 a.m.</b> | Break  |
| <b>10:35-11:10 a.m.</b> | <b>Prescription Drug Monitoring Program: A Useful Tool for Opioid Prescribers</b><br>Kristy Nguyen, PharmD   |
| <b>11:10-12:10 p.m.</b> | <b>Let's Have a CHAT: Managing Nonmedical Opioid Use During the Pandemic</b><br>Joseph Arthur, MD<br>Michael Tang, MD<br>Angelica Torres MS, LPC, LCDC<br>Suresh Reddy, MD |
| <b>12:10-12:55 p.m.</b> | <b>The 7 Deadly Sins of Opioid Prescribing</b><br>Eduardo Bruera, MD   |
| <b>12:55-1:00 p.m.</b>  | <b>Post-Seminar Questionnaires / Seminar Wrap Up</b><br>Tonya Edwards, APRN  |



# SPEAKERS AND MODERATORS



## 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis Seminar

### **Joseph A. Arthur, MD (Conference Chair)**

Associate Professor  
Palliative, Rehabilitation & Integrative  
Medicine  
MD Anderson Cancer Center  
Houston, Texas

### **Jeannine M. Brant, PhD, APRN, AOCN, FAAN**

Director and Lead Scientist, Collaborative  
Science and Innovation  
Billings Clinic  
Billings, Montana

### **Eduardo Bruera, MD**

Professor and Department Chair  
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& Integrative Medicine  
MD Anderson Cancer Center  
Houston, Texas

### **Shalini Dalal, MD**

Professor  
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& Integrative Medicine  
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### **Larry Driver, MD**

Professor  
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### **Tonya Edwards, APRN**

Advanced Practice Nurse  
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& Integrative Medicine  
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### **Ali Haider, MD**

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& Integrative Medicine  
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### **David Hui, MD**

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& Integrative Medicine  
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### **Lakshmi Koyyalagunta, MD**

Professor and Medical Director  
Regional Care Centers  
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MD Anderson Cancer Center  
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### **Justin Kullgren, PharmD**

Clinical Pharmacy Specialist  
Past President, Society of Pain and  
Palliative Care  
The Ohio State University Wexner  
Medical Center  
Columbus, Ohio

### **Kevin Madden, MD**

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### **Santhosshi Narayanan, MD**

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### **Kristy Nguyen, PharmD**

Clinical Pharmacy Specialist  
Pharmacy Clinical Programs  
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### **Judith A. Paice, PhD, RN**

Research Professor of Medicine  
Director, Cancer Pain Program  
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Northwestern University  
Feinberg School of Medicine  
Chicago, Illinois

### **Akhila Reddy, MD**

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### **Suresh Reddy, MD**

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### **Eden Mae Rodriguez, PharmD, BCPS**

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University of Texas Southwestern  
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### **Bryce Speer, MD**

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### **Kimberson Tanco, MD**

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### **Michael Tang, MD**

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### **Angelica Torres MS, LPC, LCDC**

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Houston, Texas

### **Ching-Wei Tzeng, MD**

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Houston, Texas

# PLANNING COMMITTEE



## 3<sup>rd</sup> Interdisciplinary Pain and Opioid Crisis Seminar

### **Joseph Arthur, MD (Program Chair)**

Associate Professor  
Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center

### **Eduardo Bruera, MD (Departmental Chair)**

Professor  
Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center

### **David Hui, MD**

Associate Professor  
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MD Anderson Cancer Center

### **Amy Swan, MD**

Assistant Professor  
Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center

### **Lakshmi Koyalagunta, MD**

Professor  
Department of Pain Medicine  
MD Anderson Cancer Center

### **Linh Nguyen, MD, MEd, EdD**

Associate Professor of Palliative Medicine  
Department of Internal Medicine  
Division of Geriatric and Palliative Medicine  
University of Texas Health Science Center of Houston

### **Avery Virgilio, APRN**

Advanced Practice Nurse  
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### **Michelle Carroll, APRN**

Advanced Practice Nurse  
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MD Anderson Cancer Center

### **Tonya Edwards, APRN**

Advanced Practice Nurse  
Palliative, Rehabilitation & Integrative Medicine  
MD Anderson Cancer Center

### **Diane Barber, BSN, MSN, PhD, RN**

Manager, Advanced Practice Provider  
Investigational Cancer Therapeutics  
MD Anderson Cancer Center

### **Diane P. Hecht, PharmD**

Manager, Clinical Pharmacy Services  
Pharmacy Continuing Education Program  
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### **Kristy Nguyen, PharmD**

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### **Patricia A. Heitz, BS, MEd, RN**

Nurse Educator  
Division of Nursing  
MD Anderson Cancer Center

### **Chris Whitcher, EdD, MSN, RN, MBA, NPD-BC, OCN**

Nurse Educator, Lead Nurse Planner  
Division of Nursing  
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### **Tameka Sneed**

Program Coordinator  
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### **LaShaunte Range**

Senior Administrative Assistant  
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### **Angelica Castillo\***

Senior Conference Coordinator  
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### **Maysinaneroni Maiava\***

Conference Coordinator  
Continuing Professional Education  
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Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.

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